

REGION**4**

847-699-2020 FAX: 847-699-1725

Dennis D. Williams, Director
 Region 4, UAW
 2700 S. River Road - Suite 200
 Des Plaines, IL 60018-4105

INTERNATIONAL UNION, UNITED AUTOMOBILE, AEROSPACE & AGRICULTURAL IMPLEMENT WORKERS OF AMERICA-UAW

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October 16, 2001

Mr. Nate Gooden, VP and Director
 UAW DaimlerChrysler Department
 International Union UAW
 8000 East Jefferson Avenue
 Detroit, MI 48214

Dear Brother Gooden:

The reason for this letter is to make a request of using our Tuition Assistance Program (TAP) to pay for 1/3 of the cost of \$240 and the other 2/3 of the cost will be paid equally by Staywell and DaimlerChrysler for the Coronary Health Improvement Project (CHIP). A pilot program was held at the Belvidere Assembly Plant in the spring of 2001. It was an 8 week course in which it educated the people in a lifestyle change medicine program. This program would not only save money through lower health insurance premiums and reductions in tardiness and sick days, but it would also improve creativity, productivity and morale of the people. The CHIP program received a great report card: 88% rated it as "highly informative and motivating," and 96% rated the facilitators of the 8-week education program as "very helpful and knowledgeable". Here are some of the results of this program:

- Total Cholesterol (those above 180mg% dropped their average by 18%, which by itself translates into cutting the coronary risk in half).
- Triglycerides (those above 200mg% had an average reduction of 25%).
- Hypertension (the average high blood pressure dropped by 11%).
- Blood Sugar (several were able to have their medication reduced)

The CHIP program has had in attendance of more than 2000 people in the Rockford Area. Government, Corporations, and insurance companies are recognizing the benefits of this lifestyle medicine education. We are all learning that good health is good business.

Midwest Center for Health and Healing is willing to go to Detroit and train individuals to become trainers and further lower the cost of this program.

I would like to thank you in advance for any assistance.

Fraternally,

George R. Campa, UAW
 International Representative
 Rockford Sub-Regional Office

GRC/sm

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Cc: Dennis D. Williams, Dir., Reg.4
 Al Weygand, Ass't. Dir., Reg.4

Sub-Regional Offices

MOLINE, IL 61265
 1530-46th Avenue-Suite F
 309-764-3584

ROCKFORD, IL 61107
 112 N. Second Street
 815-962-0601

SPRINGFIELD, IL 62701
 3 W. Old State Capital Plaza, Suite 1
 217-535-4030

BLOOMINGTON, MN 55425
 8099 - 34th Avenue S., Suite 1275
 652-854-6323

DES MOINES, IA 50317
 3300 East 33rd Street, Suite 10
 515-205-9877

WATERLOO, IA 50702
 3118 Kimball Avenue
 319-233-5235

OAK CREEK, WI 53154
 7435 S. Howell Avenue
 414-762-3200

SHEBOYGAN, WI 53083
 5425 Superior Avenue
 920-456-1361

